

Orange County Field Hockey Club COVID Mitigation Policies

The safety of our OCFHC family is always of utmost importance to us. We also realize the important role athletics plays in mental health for young people. Therefore, we will make our best effort to take the fields safely as soon as possible. All participants will sign a copy of our policy in addition to a waiver to ensure they understand and will abide by our policies. **Individuals who knowingly fail to support the health of all will be removed from our programs immediately without refund.**

In order to make play as safe as possible we will be using the following policies until further notice:

- If you are sick, or have any symptoms of COVID, you must stay home.
- If you have been considered a close contact, you must follow CA state quarantine protocol
- If you test positive for COVID, you must follow the CA state protocol before returning
- If you travel out of state, you must follow state CA state quarantine protocol
- Signed copies of the COVID Mitigation policies must be handed in at the start of each new program

Other protocols:

- All athletes must bring their own equipment. This includes a cloth mask (to wear before and after training), filled water bottle, sunscreen, hockey stick or goalie equipment, mouthguard, shin guards, and appropriate footwear.
- Players are encouraged to wait in their cars with their guardians until just before the beginning of training. Once players show up to training, they should refrain from standing in or forming a group.

• Parents are encouraged to **NOT** stay and watch, in order to lower risk and help us maintain social distancing. If parents do stay, they must abide by current local government social distancing guidelines or wait in their car. If a facility does not allow spectators, we will abide by the policies they set forth.

- Parents are encouraged to wait in their vehicles for after practice pick up
- Athletes should wear masks during pick up and departure
- All athletes and staff will use hand sanitizer to disinfect before and after sessions
- All playing equipment will be moved by staff only

- Program enrollment will be capped and training organized to allow us to work safely in numbers recommended by the state of CA
- We will follow CA guidance on whether we can have contact drills or whether we should train in non-contact drills only
- Depending on the positivity rates in CA, we may require masks to be work during training.

Should a member of our OCFHC family test positive for COVID:

- By participating in our programs, you agree to notify OCFHC leadership (info@ocfieldhockey.com) immediately if you or a member of your household tests positive for COVID, or if you have come into contact with someone who has tested positive for COVID.
- OCFHC leadership will use the family contact information on file to notify everyone who may have come into contact with that individual, while keeping that individual's identity private.

These policies will continually be evaluated as the situation changes. Thank you.

Printed Name of child/children (first, last)

Signature of Parent/Guardian

Date